

## MD19 Lions KOTB



### **HOW YOU CAN HELP:**

- 1.Say Hello**  
Someone who is blind can't see the smile or wave you give to a sighted person.
- 2.Announce Yourself**  
when arriving or leaving.
- 3.Always Ask**  
If they want help.
- 4.Speak To the Individual**  
Not the person next to them.
- 5.Show Respect** - Don't grab the person, their white cane or their dog.
- 6.Don't Move Things**  
Or leave doors ajar, or furniture in the way.
- 7.Be Aware of Technology**  
Smart Phones, Apps and Computer screen-readers that can help blind and low vision people.
- 8.Tell friends and family**  
what you've learned.

**More information  
and resources?  
Contact KOTB:  
[colette.arvidson@  
gmail.com](mailto:colette.arvidson@gmail.com)  
360.391.5880**

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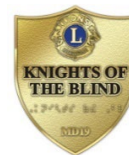


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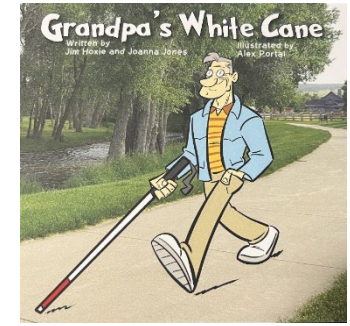
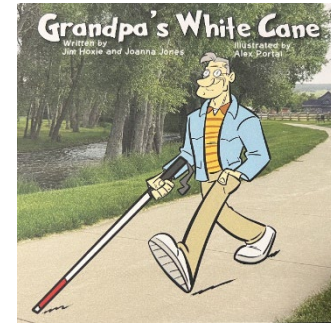
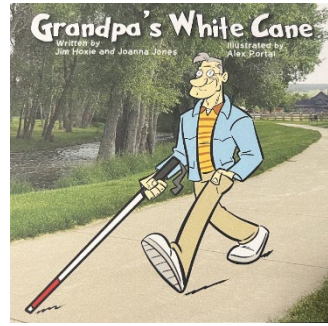
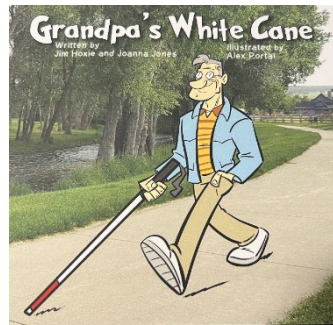
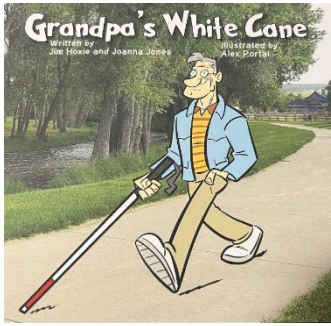
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**Today we learned why and how someone uses a Long White Cane to get around in their surroundings - and how we can help.**

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**Brought to you by your local Lions Club & WA Council of the Blind  
wcbinfo.org  
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